

—> Apr 25, 2024



# BOOST YOUR HAPPY HORMONES



## UNVEILING PJ'S LATEST INDOOR COMMUNITY RECREATIONAL LIFESTYLE HUB

What an extraordinary launch it was for The School by Jaya One's newest endeavor, reimagining our focus to serve as a vibrant recreational hub for this neighbourhood!

We extend our heartfelt gratitude to our recreational tenants: BUMP Bouldering, JIAN Pilates, Celebrity Fitness Malaysia, Magnifique Gymnastics, Masters Golf Performance, MY Chillax, and MeTime Book Cafe, as well as our partners: The Blade School, Mighty Kicks Taekwondo, Ceroc Malaysia, Cordão de Ouro Malaysia for embracing our new direction in alignment with our vision!

We hope our attendees thoroughly enjoyed the Pilates demo, Body Combat class, Golf presentation, Capoeira workshop, Gymnastics performance, Ceroc workshop, giveaways by AFA Community, and the pop-up bazaar last Saturday! See you all next round on 25 May for the next Happy Hormones Class of 2024 Challenge!



Social Media

—> [https://www.instagram.com/p/C6LjTRhpH6i/?img\\_index=1](https://www.instagram.com/p/C6LjTRhpH6i/?img_index=1)